

BABY



Black Bean

Meet Your Nutritious Friend:
Baby Black Bean

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| | | 1 NO SCHOOL | 2 NO SCHOOL | 3 NO SCHOOL |
| 6 NO SCHOOL | 7 NO SCHOOL | 8 Asian Sesame Chicken over Brown Rice PB&J Craveable FEATURED VEGGIES Carrots Steamed Broccoli | 9 Hot Ham & Cheese Sandwich PB&J Craveable FEATURED VEGGIES Baked Beans Side Caesar Salad | 10 Cheese Pizza Crunchers w/ Marinara PB&J Craveable FEATURED VEGGIES Green Beans Celery |
| 13 Chicken Nuggets w/Dinner Roll Super Fruit Craveable FEATURED VEGGIES Butter Noodles Sliced Carrots | 14 Beef Soft Tacos Super Fruit Craveable FEATURED VEGGIES Refried Beans Lettuce & Tomato | 15 Cheeseburger on a Whole Grain Bun Super Fruit Craveable FEATURED VEGGIES Glazed Carrots Broccoli | 16 Chicken Tenders With Roll Super Fruit Craveable FEATURED VEGGIES Fries Celery Sticks | 17 Pepperoni Pizza Super Fruit Craveable FEATURED VEGGIES Baby Carrots Corn salad |
| 20 Meatball & Cheese Sub Pizza Craveable FEATURED VEGGIES Seasoned Peas Celery | 21 Walking Taco w/Tostito Rounds Pizza Craveable FEATURED VEGGIES Corn Salsa | 22 Cheesesteak Pizza Craveable FEATURED VEGGIES Fries Mixed Vegetables | 23 Popcorn Chicken Mash Potato Bowl Pizza Craveable FEATURED VEGGIES Corn Broccoli | 24 French Bread Pizza Pizza Craveable FEATURED VEGGIES Green Beans Cucumber Slices |
| 27 Cheeseburger on a Bun Soft Pretzel Craveable (V) FEATURED VEGGIES Steamed Broccoli Cucumber Slices | 28 Nachos Grande Soft Pretzel Craveable (V) FEATURED VEGGIES Refried Beans Golden Corn | 29 French Toast Sticks w/ Sausage Patty Soft Pretzel Craveable (V) FEATURED VEGGIES Hash Brown Potato Fresh Carrots | 30 Mac & Cheese (V) Soft Pretzel Craveable (V) FEATURED VEGGIES Baked Beans Celery Sticks | |

What is a Meal?
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Choice of Fruit

Choice of Milk

(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

