



Meet Your Nutritious Friend:
At Peace Apple

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL	2 Chicken & Cheese Quesadilla Walking Taco Craveable FEATURED VEGGIES Street Corn Salad Salsa	3 Asian Sesame Chicken over Rice Walking Taco Craveable FEATURED VEGGIES Steamed Broccoli Carrot Sticks	4 Hot Ham & Cheese on Pretzel Roll Walking Taco Craveable FEATURED VEGGIES Baked Beans Caesar Side Salad	5 Cheese Pizza Sticks with Dipping Sauce (V) Walking Taco Craveable FEATURED VEGGIES Oven Roasted Zucchini Carrot & Raisin Salad
8 Chicken Nuggets with Roll Super Fruit Craveable FEATURED VEGGIES Tomato Soup Tater Tots	9 Beef Soft Tacos Super Fruit Craveable FEATURED VEGGIES Refried Beans Lettuce & Tomato	10 Cheeseburger on a Bun Super Fruit Craveable FEATURED VEGGIES Glazed Carrots Broccoli Salad	11 Corn Dog Super Fruit Craveable FEATURED VEGGIES Curly Fries Apple Cider Slaw	12 Pepperoni Pizza Super Fruit Craveable FEATURED VEGGIES Oven Browned Sweet Potato Corn Salad
15 Classic Sloppy Joe on Brioche Roll Pizza Craveable FEATURED VEGGIES Oven Fries Chickpea Salad	16 Walking Taco with Pretzel Stick Pizza Craveable FEATURED VEGGIES Mexicali Corn Salsa	17 NO SCHOOL	18 Chicken Alfredo over Pasta with Garlic Bread Breadstick Pizza Craveable FEATURED VEGGIES Steamed Broccoli Celery Sticks with Ranch	19 Fiesta Pizza Pizza Craveable FEATURED VEGGIES Cherry Tomatoes Cucumber Slices
22 Cheeseburger on a Bun Soft Pretzel Craveable FEATURED VEGGIES Mashed Potatoes Baby Carrots	23 Nachos Grande Soft Pretzel Craveable FEATURED VEGGIES Refried Beans Golden Corn	24 French Toast Sticks with Sausage Links Soft Pretzel Craveable FEATURED VEGGIES Tri Patty Taters Carrot Sticks	25 Mac & Cheese (V) Soft Pretzel Craveable FEATURED VEGGIES Steamed Tomatoes Apple Cider Slaw	26 Cheesy Pizza (V) Soft Pretzel Craveable FEATURED VEGGIES Steamed Green Beans Baby Carrots
29 PopCorn Chicken with Dinner Roll Breadstick Dipper Craveable (V) FEATURED VEGGIES Mashed Potatoes Baby Carrots	30 Beef & Cheese Quesadilla Breadstick Dipper Craveable (V) FEATURED VEGGIES Latin-Inspired Beans Tomato Salad	1	2	3

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Choice of Fruit

Choice of Milk

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

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