

St. Catherine Laboure
Elementary Lunch Menu



August 2025

Meet Your Nutritious Friend:
Cool as a Cucumber

Monday	Tuesday	Wednesday	Thursday	Friday
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4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
Chicken Nuggets with Roll Yogurt Craveable (V) FEATURED VEGGIES Oven Fries Red Pepper Strips	Macaroni & Cheese (V) Yogurt Craveable (V) FEATURED VEGGIES Green Beans Caesar Salad	Hot Dog on a Roll Yogurt Craveable (V) FEATURED VEGGIES Mashed Potatoes Green Pepper Strips	Toasted Cheese Sandwich (V) Yogurt Craveable (V) FEATURED VEGGIES Tomato Soup Corn Salad	NO SCHOOL

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Choice of Fruit

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.