

May 2025



St Catherine Labourer ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Featured Fruit May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.**



**Craveable of the Week which could include:
Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..**

Monday

Tuesday

Wednesday

Thursday

Friday

1
Chicken Tenders with Dinner Roll
M.Y.O. Pizza Craveable
Featured Veggies:
Tater Tots
Choice of fruit
Choice of Milk

2
French Bread Pizza
M.Y.O. Pizza Craveable
Featured Veggies:
Fresh Cucumbers
Choice of fruit
Choice of Milk

3
Corn Dog Nuggets with Dinner Roll
Breadstick Dipper Craveable
Featured Veggies:
Mixed Vegetables
Choice of fruit
Choice of Milk

4
Macaroni & Cheese with Garlic Knot
Breadstick Dipper Craveable
Featured Veggies:
Roasted Broccoli
Choice of fruit
Choice of Milk

5
Chicken Patty Sandwich
Breadstick Dipper Craveable
Featured Veggies:
Baby Carrots
Choice of fruit
Choice of Milk

6
Spaghetti & Meatballs with Garlic Bread
Breadstick Dipper Craveable
Featured Veggies:
Green Beans
Choice of fruit
Choice of Milk

7
NO SCHOOL

8
Pancake w/ Sausage Patty
Nacho Craveable
Featured Veggies:
Bell Pepper Strips
Choice of fruit
Choice of Milk

9
Beef Tacos in Soft shell
Nacho Craveable
Featured Veggies:
Peas
Choice of fruit
Choice of Milk

10
Sausage, Egg & Cheese Sandwich
Nacho Craveable
Featured Veggies:
Corn
Choice of fruit
Choice of Milk

11
Royal Bowl w/Popcorn Chicken & Gravy
Nacho Craveable
Featured Veggies:
Steamed Broccoli
Choice of fruit
Choice of Milk

12
Cheese Pizza
Nacho Craveable
Featured Veggies:
Fresh Cucumbers
Choice of fruit
Choice of Milk

13
Chicken Patty on a Whole Grain Roll
PB&J Craveable
Featured Veggies:
Broccoli
Choice of fruit
Choice of Milk

14
Cheese Stuffed Breadsticks
PB&J Craveable
Featured Veggies:
Green Beans
Choice of fruit
Choice of Milk

15
Chicken Nuggets w/ Dinner Roll
PB&J Craveable
Featured Veggies:
Seasoned Peas
Choice of fruit
Choice of Milk

16
Cheeseburger on a Whole Grain Roll
PB&J Craveable
Featured Veggies:
Green Beans
Choice of fruit
Choice of Milk

17
French Bread Pizza
PB&J Craveable
Featured Veggies:
Mixed Vegetables
Choice of fruit
Choice of Milk

18
NO SCHOOL

19
Turkey & Cheese Hoagie
Chef's Choice Craveable
Featured Veggies:
Corn
Choice of fruit
Choice of Milk

20
Royal Bowl w/Popcorn Chicken & Gravy
Chef's Choice Craveable
Featured Veggies:
Broccoli
Choice of fruit
Choice of Milk

21
NO SCHOOL

22
FIELD DAY
Brown Bag Lunches

23
NO SCHOOL

24
NO SCHOOL

25
NO SCHOOL

26
NO SCHOOL

27
NO SCHOOL

28
NO SCHOOL

29
NO SCHOOL

30
NO SCHOOL

**LAST DAY OF SCHOOL
NO LUNCH**