APRIL 2025



St. Catherine Laboure **ELEMENTARY LUNCH MENU**

What is a Meal? You must choose at least 3 of the 5 components available for the school available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch Meat or meat alternate Choice of Vegetable Choice of Fruit Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage
Featured Fruit May Include:

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oranges, apples, bananas, grapes, pears,
peaches, cantaloupe, melon, strawberries
applesauce, pineapple, 100% fruit juices
and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME! DAILY ALTERNATES.



Craveable of the Week which could include: Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..

Monday Tuesday 1 Nachos Grande

> Nacho Craveable

Featured Veggies: Choice of fruit Choice of Milk

> 8 Texas Toast Grilled Cheese

Walking Taco Craveable

Featured Veggies: Broccoli Choice of fruit Choice of Milk

Macaroni & Cheese

Breadstick Dipper Craveable

Featured Veggies: Choice of fruit Choice of Milk

16

NO SCHOOL

Wednesday

2
Turkey Sausage Biscuit

Nacho

Craveable

Featured Veggies:

Potato Wedges

Choice of fruit

Choice of Milk

Cheeseburger

on a Whole Grain Bun

Walking Taco

Craveable

Featured Veggies:

Baby Carrots

Choice of fruit

Choice of Milk

Thursday

3 Cheeseburger

Nacho Craveable Featured Veggies:

Broccoli Choice of fruit Choice of Milk

Royal Bowl w/

Popcorn Chicken & Gravv

Walking Taco

Craveable

Featured Veggies:

Corn

Choice of fruit

Choice of Milk

17

NO SCHOOL

Friday French Bread Pizza

> Nacho Craveable

Featured Veggies:

Choice of fruit Choice of Milk

Cheese Pizza

Walking Taco Craveable

Featured Veggies: Fresh Cucumbers Choice of fruit

Choice of Milk

NO SCHOOL

22

NO SCHOOL

Corn Dog Superfruit Craveable

Broccoli Choice of fruit

Featured Veggies: Choice of Milk

24 Chef's Choice

Superfruit Craveable

Featured Veggies: Choice of fruit Choice of Milk

Hamburger on a Whole Grain Roll

> Superfruit Craveable

Featured Veggies: Cole Slaw Choice of fruit

w/ Sausage Patty

Chicken Patty

Sandwich

Walking Taco

Craveable

Featured Veggies:

Tater Tots

Choice of fruit

Choice of Milk

Pancake w/ Sausage Patty **Breadstick Dipper**

Craveable

Featured Veggies:

Tater Tots

Choice of fruit

Choice of Milk

NO SCHOOL

M.Y.O. Pizza Craveable

Featured Veggies: Mixed Vegetables Choice of fruit Choice of Milk

Nachos Grande Tortilla Chips

M.Y.O. Pizza Craveable

Featured Veggies: Baby Carrots Choice of fruit Choice of Milk

30 Chicken Parmesan with Pasta

> M.Y.O. Pizza Craveable

Featured Veggies: Diced Carrots Choice of fruit Choice of Milk

Choice of Milk