

March 2025



St Catherine Labourer ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad.

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Featured Fruit May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.**



Craveable of the Week which could include:
Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..

Monday

3

Pancake w/ Sausage Patty

**M.Y.O. Pizza
Craveable**

Featured Veggies:
Bell Pepper Strips
Choice of fruit
Choice of Milk

Tuesday

4

Nachos Grande Tortilla Chips

**M.Y.O. Pizza
Craveable**

Featured Veggies:
Baby Carrots
Choice of fruit
Choice of Milk

Wednesday

5

Classic Texas Toast Grilled Cheese

**M.Y.O. Pizza
Craveable**

Featured Veggies:
Diced Carrots
Choice of fruit
Choice of Milk

Thursday

6

Chicken Tenders with Dinner Roll

**M.Y.O. Pizza
Craveable**

Featured Veggies:
Tater Tots
Choice of fruit
Choice of Milk

Friday

7

French Bread Pizza

**M.Y.O. Pizza
Craveable**

Featured Veggies:
Fresh Cucumbers
Choice of fruit
Choice of Milk

10

Corn Dog Nuggets with Dinner Roll

**Breadstick Dipper
Craveable**

Featured Veggies:
Tater Tots
Choice of fruit
Choice of Milk

11

Macaroni & Cheese with Garlic Knot

**Breadstick Dipper
Craveable**

Featured Veggies:
Roasted Broccoli
Choice of fruit
Choice of Milk

12

Chicken Patty Sandwich

**Breadstick Dipper
Craveable**

Featured Veggies:
Baby Carrots
Choice of fruit
Choice of Milk

13

Spaghetti & Meatballs with Garlic Bread

**Breadstick Dipper
Craveable**

Featured Veggies:
Green Beans
Choice of fruit
Choice of Milk

14

Cheese Pizza

**Breadstick Dipper
Craveable**

Featured Veggies:
Glazed Carrots
Choice of fruit
Choice of Milk

17

Chicken Cheesesteak on a Whole Grain Roll

**Superfruit
Craveable**

Featured Veggies:
Bell Pepper Strips
Choice of fruit
Choice of Milk

18

Hot Dog on Whole Grain Bun

**Superfruit
Craveable**

Featured Veggies:
Fries
Choice of fruit
Choice of Milk

19

Sausage, Egg & Cheese Croissant

**Superfruit
Craveable**

Featured Veggies:
Corn
Choice of fruit
Choice of Milk

20

Cheeseburger on a Whole Grain Roll

**Superfruit
Craveable**

Featured Veggies:
Steamed Broccoli
Choice of fruit
Choice of Milk

21

Cheese Pizza

**Superfruit
Craveable**

Featured Veggies:
Fresh Cucumbers
Choice of fruit
Choice of Milk

24

Meatball Sub on a Roll

**PB&J
Craveable**

Featured Veggies:
Broccoli
Choice of fruit
Choice of Milk

25

Nachos Grande Tortilla Chips

**PB&J
Craveable**

Featured Veggies:
Confetti Corn
Choice of fruit
Choice of Milk

26

Waffles with Sausage Patty

**PB&J
Craveable**

Featured Veggies:
Seasoned Peas
Choice of fruit
Choice of Milk

27

Buffalo Chicken Dip over Tortilla Chips

**PB&J
Craveable**

Featured Veggies:
Green Beans
Choice of fruit
Choice of Milk

28

French Bread Pizza

**PB&J
Craveable**

Featured Veggies:
Diced Potatoes
Choice of fruit
Choice of Milk

31

Corn Dog

Nacho Craveable
Featured Veggies:
Fries
Choice of fruit
Choice of Milk