

FEBRUARY 2025



St. Catherine Labouré ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Featured Fruit May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.**

Fresh Entree Salad of the Week



Craveable of the Week which could include:

Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..

Monday

3

Popcorn Chicken with Dinner Roll

**PB&J
Craveable**

Featured Veggies:

Tater Tots
Choice of fruit
Choice of Milk

Tuesday

4

Nachos Grande with Tortilla Chips

**PB&J
Craveable**

Featured Veggies:

Corn
Choice of fruit
Choice of Milk

Wednesday

5

Turkey Sausage Biscuit

**PB&J
Craveable**

Featured Veggies:

Side Salad
Choice of fruit
Choice of Milk

Thursday

6

Corn Dog

**PB&J
Craveable**

Featured Veggies:

Fries
Choice of fruit
Choice of Milk

Friday

7

French Bread Pizza

**PB&J
Craveable**

Featured Veggies:

Fresh Cucumbers
Choice of fruit
Choice of Milk

10

Chicken Nuggets with Dinner Roll

**Walking Taco
Craveable**

Featured Veggies:

Tater Tots
Choice of fruit
Choice of Milk

11

Texas Toast Grilled Cheese

**Walking Taco
Craveable**

Featured Veggies:

Tomato Soup
Choice of fruit
Choice of Milk

12

Cheesburger on a Whole Grain Bun

**Walking Taco
Craveable**

Featured Veggies:

Baby Carrots
Choice of fruit
Choice of Milk

13

Pancake w/Sausage Patty

**Walking Taco
Craveable**

Featured Veggies:

Corn
Choice of fruit
Choice of Milk

14

NO SCHOOL

17

NO SCHOOL

18

Macaroni & Cheese with Garlic Knot

**Breadstick Dipper
Craveable**

Featured Veggies:

Celery Sticks
Choice of fruit
Choice of Milk

19

Chicken Patty Sandwich

**Breadstick Dipper
Craveable**

Featured Veggies:

Spiral Fries
Choice of fruit
Choice of Milk

20

Spaghetti & Meatballs with Garlic Bread

**Breadstick Dipper
Craveable**

Featured Veggies:

Green Beans
Choice of fruit
Choice of Milk

21

Cheese Pizza

**Breadstick Dipper
Craveable**

Featured Veggies:

Fresh Cucumbers
Choice of fruit
Choice of Milk

24

Corn Dog Nuggets with Dinner Roll

**Superfruit
Craveable**

Featured Veggies:

Tater Tots
Choice of fruit
Choice of Milk

25

Hot Dog on Whole Grain Bun

**Superfruit
Craveable**

Featured Veggies:

Crinkle Cut Fries
Choice of fruit
Choice of Milk

26

Sausage, Egg & Cheese Croissant

**Superfruit
Craveable**

Featured Veggies:

Broccoli
Choice of fruit
Choice of Milk

27

Royal Bowl w/Popcorn Chicken & Gravy

**Superfruit
Craveable**

Featured Veggies:

Corn
Choice of fruit
Choice of Milk

28

Hamburger on a Whole Grain Roll

**Superfruit
Craveable**

Featured Veggies:

Cole Slaw
Choice of fruit
Choice of Milk

3

Chicken Cheesesteak on a Whole Grain Roll

**M.Y.O. Pizza
Craveable**

Featured Veggies:

Bell Pepper Strips
Choice of fruit
Choice of Milk

4

Classic Texas Toast Grilled Cheese

**M.Y.O. Pizza
Craveable**

Featured Veggies:

Baby Carrots
Choice of fruit
Choice of Milk

5

Hot Ham & Cheese on a Croissant

**M.Y.O. Pizza
Craveable**

Featured Veggies:

Diced Carrots
Choice of fruit
Choice of Milk

6

Chicken Tenders with Dinner Roll

**M.Y.O. Pizza
Craveable**

Featured Veggies:

Tater Tots
Choice of fruit
Choice of Milk

7

French Bread Pizza

**M.Y.O. Pizza
Craveable**

Featured Veggies:

Fresh Cucumbers
Choice of fruit
Choice of Milk