

**JANUARY 2025**



**St. Catherine's  
ELEMENTARY LUNCH MENU**

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**

**Dark green** - spinach, broccoli, romaine and spring salad.

**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**

**Starchy** - white potatoes, corn, and lima beans

**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Featured Fruit May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!  
DAILY ALTERNATES.**



**Craveable of the Week which could include:**

**Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**1**

**NO SCHOOL**

**2**

**NO SCHOOL**

**3**

**NO SCHOOL**

**4**

**NO SCHOOL**

**5**

**NO SCHOOL**

**6**

Corn Dog Nuggets with Dinner Roll

**Breadstick Dipper Craveable**

**Featured Veggies:**  
Tater Tots  
Choice of fruit  
Choice of Milk

**7**

Macaroni & Cheese with Garlic Knot

**Breadstick Dipper Craveable**

**Featured Veggies:**  
Roasted Broccoli  
Choice of fruit  
Choice of Milk

**8**

Chicken Patty Sandwich

**Breadstick Dipper Craveable**

**Featured Veggies:**  
Baby Carrots  
Choice of fruit  
Choice of Milk

**9**

Spaghetti & Meatballs with Garlic Bread

**Breadstick Dipper Craveable**

**Featured Veggies:**  
Green Beans  
Choice of fruit  
Choice of Milk

**10**

Chicken Tenders with Dinner Roll

**Breadstick Dipper Craveable**

**Featured Veggies:**  
French Fries  
Choice of fruit  
Choice of Milk

**11**

Pancake w/ Sausage Patty

**Superfruit Craveable**

**Featured Veggies:**  
Bell Pepper Strips  
Choice of fruit  
Choice of Milk

**12**

Beef Tacos in Soft shell

**Superfruit Craveable**

**Featured Veggies:**  
Fries  
Choice of fruit  
Choice of Milk

**13**

Sausage, Egg & Cheese Croissant

**Superfruit Craveable**

**Featured Veggies:**  
Corn  
Choice of fruit  
Choice of Milk

**14**

Royal Bowl w/Popcorn Chicken & Gravy

**Superfruit Craveable**

**Featured Veggies:**  
Steamed Broccoli  
Choice of fruit  
Choice of Milk

**15**

Cheese Pizza

**Superfruit Craveable**

**Featured Veggies:**  
Fresh Cucumbers  
Choice of fruit  
Choice of Milk

**16**

**NO SCHOOL**

**17**

Classic Texas Toast Grilled Cheese

**M.Y.O. Pizza Craveable**

**Featured Veggies:**  
Roasted Broccoli  
Choice of fruit  
Choice of Milk

**18**

Chicken Parmesean with Pasta

**M.Y.O. Pizza Craveable**

**Featured Veggies:**  
Diced Carrots  
Choice of fruit  
Choice of Milk

**19**

Chicken Tenders with Dinner Roll

**M.Y.O. Pizza Craveable**

**Featured Veggies:**  
Tater Tots  
Choice of fruit  
Choice of Milk

**20**

Hamburger on a Whole Grain Roll

**M.Y.O. Pizza Craveable**

**Featured Veggies:**  
Cole Slaw  
Choice of fruit  
Choice of Milk

**21**

Meatball Sub on a Roll

**Nacho Craveable**

**Featured Veggies:**  
Broccoli  
Choice of fruit  
Choice of Milk

**22**

Nachos Grande Tortilla Chips

**Nacho Craveable**

**Featured Veggies:**  
Confetti Corn  
Choice of fruit  
Choice of Milk

**23**

Waffles with Sausage Patty

**Nacho Craveable**

**Featured Veggies:**  
Seasoned Peas  
Choice of fruit  
Choice of Milk

**24**

Cheeseburger on a Whole Grain Roll

**Nacho Craveable**

**Featured Veggies:**  
Green Beans  
Choice of fruit  
Choice of Milk

**25**

Pepperoni Pizza

**Nacho Craveable**

**Featured Veggies:**  
Diced Potatoes  
Choice of fruit  
Choice of Milk

**26**

**NO SCHOOL**

**27**

**NO SCHOOL**

**28**

**NO SCHOOL**

**29**

**NO SCHOOL**

**30**

**NO SCHOOL**