

# November 2023

## St Catherine Laboure Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<p><i>Food Service Worker Wanted The Nutrition Group is currently hiring within the Middletown Area School District for several open positions. Please apply on Indeed by searching 'The Nutrition Group Middletown Area School District'. Contact Bryann Kingsbury (717-948-3333 ext 6010) with any questions.</i></p>	Menu Subject to Change	Dish of the Day <ul style="list-style-type: none"> <li>Freshly Baked Italian Dunkers</li> <li>Seasoned Steamed Golden Corn</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> </ul>	Dish of the Day <ul style="list-style-type: none"> <li>Beef &amp; Cheese Loaded Fries w/ Garlic Toast</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> </ul>	Dish of the Day <ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> <li>Milk, Fat Free Milk, Half Pint, Lactaid, MILK</li> <li>1% White Milk</li> <li>Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk</li> <li>Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk</li> </ul>	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
	Chef's Choice		Dish of the Day <ul style="list-style-type: none"> <li>Sloppy Joe on a Bun</li> <li>Baked French Fries</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> </ul>	Dish of the Day <ul style="list-style-type: none"> <li>Beef &amp; Cheese Nachos with Fresh Bread</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> </ul>	Early Dismissal No Lunch Service	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	<ul style="list-style-type: none"> <li>BBQ Rib Sandwich</li> <li>Applesauce</li> <li>Seasoned Steamed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Meatball Hoagie</li> <li>Diced Peaches</li> <li>Garden Side Salad</li> </ul>	<ul style="list-style-type: none"> <li>Spice Rubbed Turkey Roast w/ Fresh Bread</li> <li>Creamy Mashed Potatoes w/ Gravy</li> <li>Bread Stuffing</li> <li>Seasoned Steamed Golden Corn</li> <li>Warm Apple Crisp</li> </ul>	<ul style="list-style-type: none"> <li>Crunchy Fish Sticks w/ Garlic Toast</li> <li>Baked French Fries</li> </ul>	Dish of the Day <ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> </ul>	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	<ul style="list-style-type: none"> <li>French Toast Sticks w/ 2 Sausage Patties</li> <li>Tropical Pineapple Tidbits</li> <li>Crispy Tater Tots</li> </ul>	Dish of the Day <ul style="list-style-type: none"> <li>Meatball &amp; Mozzarella Hoagie</li> <li>Seasoned Steamed Green Beans</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> </ul>				
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
		Dish of the Day <ul style="list-style-type: none"> <li>Freshly Baked Italian Dunkers</li> <li>Seasoned Steamed Green Beans</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> </ul>	Dish of the Day <ul style="list-style-type: none"> <li>French Toast Sticks w/ 2 Sausage Patties</li> <li>Assorted Fresh Vegetables</li> <li>Crispy Tater Tots</li> <li>Assorted Fruit</li> </ul>	Dish of the Day <ul style="list-style-type: none"> <li>Beef &amp; Cheese Loaded Fries w/ Garlic Toast</li> <li>Assorted Fresh Vegetables</li> <li>Assorted Fruit</li> </ul>		

**Fruits & Veggies:** Juicy Sliced Peaches , Diced Peaches , Diced Pears , Assorted Juice , Refreshing Fruit Cocktail , Applesauce , Raisins , Orange Craisins , Strawberry Craisins , Watermelon Craisins , Fresh Broccoli Florets , Cucumbers , Garden Side Salad , Fresh Cauliflower Florets , Fresh Baby Carrots

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