

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Food Service Worker Wanted The Nutrition Group is currently hiring within the Middletown Area School District for several open positions. Please apply on Indeed by searching 'The Nutrition Group Middletown Area School District'. Contact Bryann Kingsbury (717-948-3333 ext 6010) with any questions.

Menu Subject to Change

1

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Main Line

- Freshly Baked Italian Dunkers
- Seasoned Steamed Green Beans 🌱
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

6

Main Line

- French Toast Sticks w/ 2 Sausage Patties
- Crispy Tater Tots
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

7

Main Line

- Loaded Fries w/ Beef & Cheese and Sliced Bread
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

8

Main Line

- Cheese Pizza
- Pepperoni Pizza
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

11

Main Line

- Meatballs and Mashed Potato Bowl w/ Garlic Toast
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

12

Main Line

- Popcorn Chicken Bowl W/Fresh Sliced Bread
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

13

Main Line

- Lasagna Roll Ups w/ Fresh Sliced Bread
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

14

Main Line

- Beef Nachos w/Cheddar Cheese & Fresh Sliced Bread
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

15

Main Line

- Cheese Pizza
- Pepperoni Pizza
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

18

Main Line

- Juicy Hamburger on a Bun
- Juicy Cheeseburger on a Bun
- Flavorful Vegetarian Beans
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

19

Main Line

- Creamy Macaroni and Cheese w/ Fresh Bread
- Assorted Fresh Vegetables
- Seasoned Steamed Green Beans 🌱
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

20

No School

21

Main Line

- Loaded Fries w/ Beef & Cheese and Sliced Bread
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

22

Main Line

- Cheese Pizza
- Pepperoni Pizza
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

25

Main Line

- Baked Penne with Garlic Toast
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

26

Main Line

- Steamed Dumplings with Fried Rice - 23/24
- Assorted Fresh Vegetables
- Seasoned Steamed Green Beans 🌱
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

27

Main Line

- Sloppy Joe on a Bun
- Baked French Fries
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

28

Main Line

- Beef Nachos w/Cheddar Cheese & Fresh Sliced Bread
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
- Milk, FF Chocolate Milk, Dean Foods, Swiss Premium, Milk
- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

29

Main Line

- Cheese Pizza
- Pepperoni Pizza
- Assorted Fresh Vegetables
- Assorted Fruit
- Milk, Fat Free Milk, Half Pint, Lactaid, MILK
- 1% White Milk - Dean's Dairy
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- Milk, FF Strawberry Milk, Dean Foods, Swiss Premium, Milk

🌱 Farm to Fork, 🍷 Food Fusion, 🌱 Lunch for Life, 📖 Recipe of the Month, 🍷 Tasty Bites, 🌱 Wellness Wednesday, 🌱 Vegetarian, 🌱 Vegan



Fruits & Veggies: Juicy Sliced Peaches , Diced Peaches , Diced Pears , Assorted Juice , Refreshing Fruit Cocktail , Applesauce , Raisins , Orange Craisins , Strawberry Craisins , Watermelon Craisins , Fresh Broccoli Florets , Cucumbers , Garden Side Salad , Fresh Cauliflower Florets , Fresh Baby Carrots

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