

**SCLS CAFETERIA MENU
OCTOBER 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Grilled Chicken Sandwich Lettuce&Tomato Oven Fries Green Beans Pears Choice of Milk	1 Corn Dog Nuggets Seasoned Brown Rice Sweet Corn Baked Apples Choice Of Milk	2 Sloppy Joe Tator Tots Seasoned Carrots Strawberry Cup Choice Of Milk	3 Chicken Rice Soup Bologna & Cheese Sand. Lettuce & Tomato Mixed Fruit Carrot Sticks/Dip Choice Of Milk	4 Pizza Dunkers Marinara Sauce Salad Greens/Dressing Apple Slices Cheddar Gold Fish Choice Of Milk
7 Chicken Nuggets Seasoned Brown Rice Broccoli Applesauce Choice Of Milk	8 Taco Salad Lettuce,Cheese,Salsa Refried Beans Corn Peaches Choice Of Milk	9 BBQ Beef Riblet Sand. Oven Fries Green Beans Pears Choice Of Milk	10 Chicken Pot Pie Dinner Roll/Butter Peaches Mini Rice Krispie Treat Choice Of Milk	11 Fish Sticks Steamed Broccoli Mozzarella string Cheese Strawberry Cup Oven Baked Fries Choice Of Milk
14 NO SCHOOL Columbus Day	15 Hamburger Or Cheeseburger Pickles Peaches Baked Beans White Cheddar Popcorn Choice Of Milk	16 Loaded Mashed Potato Bowl Consists Of: Popcorn Chicken Mashed Potatoes,Corn,Gravy Pears Choice Of Milk	17 Turkey & Cheese Croissant Chicken Noodle Soup Mixed Fruit Carrot Sticks/Dip Choice Of Milk	18 Toasted Cheese Sandwich Tomato Soup Celery Sticks/Dip Applesauce Mini Rice Krispie Treat Choice Of Milk
21 Chicken Shepherd's Pie Dinner Roll/Butter Applesauce Strawberry Cookie Choice Of Milk	22 Funnel Cake Waffles Yogurt Oven Roasted Potatoes Apple Slices Orange Juice Choice Of Milk	23 Hot Dog Baked Beans Oven Fries Pears Choice Of Milk	24 Ham & Cheese Pretzel Roll Celery Sticks/Dip Peaches White Cheddar popcorn Choice Of Milk	25 French Bread Pizza Peas Mixed Fruit Choc Or Van Pudding Choice Of Milk
28 French Toast Sticks Sausage Link Strawberries Orange Juice Choice Of Milk	29 Macaroni & Cheese Stewed Tomatoes Green Beans Mini Soft Pretzel Pears Choice Of Milk	30 Chicken Patty Sandwich Lettuce & Tomato Oven Roasted Potatoes Green Beans Fruit Punch Choice of Milk	31 MeatBall Sub Seasoned Rice Peas Applesauce Dirt/Worms Choice Of Milk	1 Pizza Quesadillas Marinara Sauce Sweet Corn Baked Apples Cheddar Cheese Gold Fish Choice Of Milk

This institution is an equal opportunity provider and employer.

OUR LUNCH PROGRAM ONLY HAS ONE CHOICE FOR A STUDENT, WHICH IS THE "SERVE" CHOICE.

DAILY LUNCH : STUDENTS - \$2.95; ADULTS - \$5.70; MILK - \$.60; WATER - \$.75.

MENU SUBJECT TO CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

Go to MySchoolBucks.com to view recent purchases, check balances, set-up low balance alerts and make payments online.

THERE ARE NO REFUNDS GIVEN; BALANCES CARRY OVER FOR STUDENTS RETURNING TO SCLS FOR 2020-2021 S.Y.